

20 Coaching Strategies For Getting Bigger Fleets

1. Focus on speed, then tactics
2. Get an expert who knows it is a learned skill and not “just about me”
3. Put a cork in it (let the people ask before you tell), use a moderator
4. Watch out for the “black deck” phenomenon. Really?
5. Buddy system, veteran and newbie
6. Expert talk before
7. Expert talk after
8. Crew U
9. Short course and drills pre regatta*
10. Coach program ashore
11. Coach in the boat
12. Post-race debrief, expert roundtable
13. Coach video review
14. Kattack review
15. Video on board expert
16. Switch crew/boats/skippers for a race
17. Score as teams, use fleet rules
18. Get a mystery guest to debrief
19. Require neophyte crew
20. Reward improvement – reward B Fleet (drives coaching)

*#9-14 & 20 = Coach-TCA

Greg Fisher & Tom Hubbell